

## Betaine HCL

*Natural Stomach Acid For Healthy Digestion*



### Get The *Best* Betaine HCL

- Necessary for adequate absorption of protein, calcium, vitamin B12 and iron
- Natural plant-source hydrochloric acid  
*Not animal source (which may contain prions, chemical residues, death hormones, etc.)*
- Does *not* contain pepsin  
*(Pepsin is derived from an animal's intestines and may contain contaminants)*
- 100% pure vegetable capsules  
*No toxic tablets or gelatin capsules with undesirable binders and fillers*

### Do You Have Low Hydrochloric Acid?

Betaine hydrochloride is also known as hydrochloric acid (HCl) or stomach acid. It helps digest food by breaking up fats and proteins. The low pH of the stomach's hydrochloric acid also destroys ingested bacteria and other microorganisms. Adequate levels of HCl are necessary for adequate absorption of protein, calcium, vitamin B12 and iron.

Healthy stomach acid is needed for a healthy digestive tract. If you have low stomach acid, even the best food cannot be properly digested. If you are unable to absorb nutrients properly, this can lead to terrible health problems. Healthy stomach acid helps kill disease-causing microbes and parasites routinely found in food you eat. If you have low stomach acid, these infecting invaders may not be destroyed by your stomach's acid bath. They can then cause many types of infections. Now you can see why low stomach acid (hypochlorhydria) is associated with so many common health problems. If these infections are not cleared, over time they can cause many symptoms, paving the way for full-blown diseases. (See charts below.)

### Common Symptoms Of Low Hydrochloric Acid

- Bloating or belching, especially after eating
- Burning in the stomach, especially after eating
- Fullness or heaviness in the stomach after eating
- Nausea after eating or taking supplements
- Intestinal gas
- Indigestion
- Bad breath
- Food allergies
- Itching around the rectum
- Diarrhea or constipation
- Weak or cracked fingernails
- Dilated blood vessels in the cheeks or nose  
*(in nonalcoholics)*
- Skin break-outs or acne
- Iron deficiency
- Chronic intestinal parasites
- Undigested food in the stool
- Chronic candida infection
- Dysbiosis *(overgrowth of unhealthy intestinal bacteria)*

### Diseases Associated With Low Hydrochloric Acid

- Asthma
- Diabetes
- Osteoporosis
- Arthritis
- Hepatitis
- Eczema
- Acne rosacea
- Psoriasis
- Gallbladder disease
- Herpes
- Hives
- Hyperthyroid
- Hypothyroid
- Thyrotoxicosis
- Autoimmune disorders
- Lupus erythematosus
- Myasthenia gravis
- Pernicious anemia
- Celiac disease
- Sjogren's Syndrome

